## TWENTY MAXIMS OF ESOTERIC HEALING

- Dr. Douglas Baker B.A., M.R.C.S., L.R.C.P.

- 1. Energy follows thought.
- 2. Esoteric healing first restores symmetry to the inner bodies.
- 3. Heal through the related chakra
- 4. Magnetism, animal or otherwise, 'will not lie'. Any defect is made to expose itself.
- 5. Man on the Path reacts to disease and responds to esoteric healing as rapidly as a child.
- 6. Treat the cause, not the symptoms.
- 7. Where possible, use *natural* energies instead of drugs.
- 8. Disease results from the inability of the soul to express itself.
- Disease is a purifying process. The healer helps the patient to endure whilst the disease purifies.
- 10. When in doubt, heal through the Heart Chakra.
- 11. Better for the undesirable to work itself out in the physical vehicle than in the astral or mental bodies.
- 12. The aura is by nature magnetic. All healing is, in the end, therefore, magnetic.
- 13. When the positive radiation of the healer overcomes the negative condition of the patient, healing will result.
- 14. Planned recreation for everyone, young and old.
- 15. The patient should join a healing group. Masters work more effectively through a group.
- 16. Self-knowledge from the earliest age leads to self-healing esoteric healing.
- 17. Esoteric healing brings body, mind and soul into closer union.
- 18. Will Rays heal from the Head. Love Rays heal from the Heart.
- 19. Render unto Caesar that which is "Caesar's." The healer should ensure that the patient has consulted his medical practitioner whose work it is to care for the physical body... the esoteric healer's province is that of the subtle bodies.
- 20. The healer must learn to love where he is, what he is doing, and who he is with.