

Planting a Garden

The time when the Sun moves through the constellation of Taurus is considered to be the highest point of the annual spiritual cycle on our planet. We invite you to participate in this planetary alignment through a meditation and a ritual. Let's plant a garden together—a global garden of Love and Light – a welcoming sanctuary for all.

Part I: Preparation -- before April 23.

This is the time leading up to the New Moon, when the Sun moves into Taurus.

Use this period to consider a plant, or more than one, that you would like to gift to the Global Garden. Reflect also on your inner garden, identifying qualities you would like to cultivate there. We suggest using the same time to prepare the soil both physically and through inner meditation.

We invite you to read the instructions given by the Tibetan to one of his disciples on the practice of visualizing one's own inner garden. [DINA I, p. 506, 513–514, 522, 525, 527–531.](#)

Part II: Planting. April 23 – May 4.

This is the time between the New and Full moon.

invite members of our community to choose a tree or shrub to plant either in a garden, or indoors to tend in a pot.

This is the first part of the ritual—individual and intimate—and is to be carried out in solitude. Planting with shared intention is a way for each of us to create and foster our dedicated spaces of Love.

- Find the best time in your geographical region to plant your tree, shrub or plant of choice.
- Consider the planting day as a sacred day. In your morning meditation that day visit your inner “garden” and invoke the seed qualities you would like to “plant” there. Link meditatively with other members of the group invoking the vision of the Global Garden. Meditatively link with your plant sharing the Vision of the Global Garden to invite your plant to become part of the Global Garden linking with other plants in this Garden.

- Create your own planting ritual maintaining the sense of group unity and unity with Mother Nature, nurtured through the life of your plant .
- Meditate on a dedication line or mantra you and your plant would like to offer to the group . Later you will have a chance to share your dedication or intention either inwardly or verbally during a joint ritual during the Wesak webinar .
- We invite you to photograph your plant to share on Instagram /Facebook using [#ourglobalgarden](#)

If you are currently observing self-isolation and do not have the opportunity to find a new plant, choose one of your existing plants to dedicate to the Global Garden during the coming Wesak festival. Alternately you might choose something as simple as sprouting seeds or beans on a windowsill in your home .

Part III: Dedication . May 5-7.

This is the time when we are in the full energies of the Full moon or Solar Festival in Taurus—the Wesak Festival .

This is the highest point of our Spiritual year . It is the time when every year Buddha brings the impulse of the Will energy from Shamballa, passing it with Blessings to His Brother Christ, who receives it on the behalf of the Spiritual Hierarchy and Humanity .

Our planting ritual will facilitate a group alignment in such a way that we become part of a larger subjective chalice open to receiving Buddha’s blessing . We will use the symbol and image of the Global Garden receiving the Waters of Life .

We invite you to join this collective ritual dedicating your plant within your space of Love to the Global Garden of Love . This will be a threefold ritual :

1. On the 2nd day of Wesak (May 4): a ritual dedicating the Global Garden, offering your plant to the Global Garden and visualizing it as a reflection of the Garden of Souls with roots in Heavens and Flowers on Earth . During this gathering we will share our dedication lines .
2. Wesak alignment (May 7): exact time meditation with a Water blessing ceremony .
3. Distribution (May 7): ceremony of sharing blessed water offering it to our plants, animals, devas and mother Earth .

